

Responsibility Log

You may not realize how much you are responsible for in a day; tracking it can be really interesting!

Responsibility Sub-Concept(s)

Self-discipline, Kindness

Project Timeframe

1-2 weeks, broken up as needed by class schedule.

Required Materials

- Responsibility log
- Writing utensils **could keep a digital log if that works into your students' schedule/skill level. Would be harder for accountability partner to sign, though

Standards Map

This project aligns with CASEL Competencies, National Health Education Standards, International Society for Technology in Education Standards, when applicable, and Common Core State Standards. Please refer to the [Standards Map](#) for more information.

For the next two weeks, we are going to fill out a Responsibility Log for the following four categories: Home, School, Self, and Technology. We are going to brainstorm the different daily responsibilities that you have in those four categories. At the end of the day, self-evaluate how well you met each responsibility and check them off. If you miss one, make a note about why and how you will fulfill it tomorrow. Have a parent, guardian, or teacher sign your log each day (this is one of your responsibilities!).

At the end of each week, we will evaluate our logs and how responsible we were and possibly set goals for how we can be more responsible next week.

PART 1 (Week 1):

Begin Week 1 with students brainstorming the things they know they are or will be responsible for that week in each category: home, school, self, and technology. Write these things in front of the check box in each category. Add boxes as necessary. Then have students monitor their levels of responsibility each day.

Complete the responsibility log at the end of each day and have a teacher, parent, or guardian sign it. On Friday of Week 1, have students decide if they met their responsibilities this week or if they need to set some goals for being more responsible in Week 2.

Part 2 (Week 2):

Repeat the actions from Week 1 and ask students to track their responsibility levels again.

At the end of Week 2, host a large group discussion about what they learned.

- Are they responsible?
- Do they have too much responsibility to successfully keep up with everything?
- Could they take on more responsibility?
- Was keeping a responsibility log useful in keeping them accountable or focused on what they needed to get done each week?

Responsibility Log

Week 1

	Home	School	Self	Technology
Monday	<input type="checkbox"/> _____	<input type="checkbox"/> _____	<input type="checkbox"/> _____	<input type="checkbox"/> _____
	<input type="checkbox"/> _____	<input type="checkbox"/> _____	<input type="checkbox"/> _____	<input type="checkbox"/> _____
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Tuesday	<input type="checkbox"/> _____	<input type="checkbox"/> _____	<input type="checkbox"/> _____	<input type="checkbox"/> _____
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Wednesday	<input type="checkbox"/> _____	<input type="checkbox"/> _____	<input type="checkbox"/> _____	<input type="checkbox"/> _____
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Thursday	<input type="checkbox"/> _____	<input type="checkbox"/> _____	<input type="checkbox"/> _____	<input type="checkbox"/> _____
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Friday	<input type="checkbox"/> _____	<input type="checkbox"/> _____	<input type="checkbox"/> _____	<input type="checkbox"/> _____
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Saturday	<input type="checkbox"/> _____	<input type="checkbox"/> _____	<input type="checkbox"/> _____	<input type="checkbox"/> _____
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Sunday	<input type="checkbox"/> _____	<input type="checkbox"/> _____	<input type="checkbox"/> _____	<input type="checkbox"/> _____
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Responsibility Goals for Week 1:

Week 2

	Home	School	Self	Technology
Monday	<input type="checkbox"/> _____	<input type="checkbox"/> _____	<input type="checkbox"/> _____	<input type="checkbox"/> _____
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Thursday	<input type="checkbox"/> _____	<input type="checkbox"/> _____	<input type="checkbox"/> _____	<input type="checkbox"/> _____
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Saturday	<input type="checkbox"/> _____	<input type="checkbox"/> _____	<input type="checkbox"/> _____	<input type="checkbox"/> _____
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Sunday	<input type="checkbox"/> _____	<input type="checkbox"/> _____	<input type="checkbox"/> _____	<input type="checkbox"/> _____
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Responsibility Evaluation: