

Growth Mindset & Respect

Bathroom Posters

The most reasonable course of action for this project will be to create posters (and ideally laminate or otherwise protect them), but if you want to get administrative permission and team up with the art department to create some painted murals, that could be an option to consider as well.

Respect Sub-Concept(s)

Self-care, Kindness

Project Timeframe

1-2 weeks, broken up as needed by class schedule

Required Materials

- Note-taking devices or materials for storyboarding or outlining
- Heavy, high-quality poster paper
- Art supplies and drawing utensils
- Lamination device or packing tape to self-laminate the posters
- Tape to hang the posters

Standards Map

This project aligns with CASEL Competencies, National Health Education Standards, International Society for Technology in Education Standards, when applicable, and Common Core State Standards. Please refer to the [Standards Map](#) for more information.

For a teacher introduction to this concept, see

<https://www.scarymommy.com/inspiring-school-bathroom-facebook-viral/>

To finish off our Respect Unit and showcase all we have learned about respect, mindset, appreciating what makes us unique and celebrating what makes us different, we are going to create wall art for the school bathrooms that deliver messages of respect. Why the bathroom? Well, the bathroom, especially school bathrooms, are often places where students (and even teachers!) go to regroup when they are stressed, tired, or want to get away. And, sometimes negative behaviors take place in bathrooms too, such as bullying, name calling, or teasing. This makes the bathroom the perfect place to insert messages of respect.

PART 1 (Week 1):

For Week 1, students should brainstorm and map out their posters. They can work in pairs, small groups, or on their own. Encourage them to think of a slogan or saying that conveys respect for others or for self, a growth mindset, self-belief, acceptance, kindness, or other messages of encouragement. They should come up with a word or short phrase that conveys your message and then sketch out how they might design your poster. You could also do this as a large group first and then have small groups or individuals/pairs select from the master list of ideas. All poster messages/designs must be pre-approved by the teacher.

Part 2 (Week 2):

Using high-quality poster board, have students create their respect/growth mindset posters. If able, laminate the posters or have students cover them in packing tape to preserve them. Then, with administration and custodial permission, put them in bathrooms where students will see them regularly. Bathrooms are a good location because those can be spaces where students hide out if feeling bullied, sad, lonely, or scared. It is also a relatively unmonitored space, so posters of encouragement could help prevent a negative encounter.