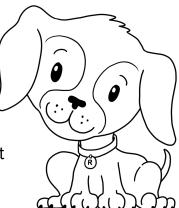# Respect

Our Young Kindness in the Classroom lessons teach kindness skills through a combination of literacy, math and science, citizenship, and music/movement activities that allow our youngest students a chance to explore difficult abstract concepts through a variety of concrete opportunities.

This unit is the first of our six-unit series, which lasts six months. If your school operates year-round, there is a second six-month cycle that will cover the same concepts, but at a higher level. The focus at this young age is exposure to three basic levels of respect and ample time to practice skills related to this concept.

Overview of Respect Unit

This packet contains everything you will need to complete this four-week unit. This is broken down into three core components:

- **Unit Overview** This includes a snapshot of everything covered in the following 4 learning domains:
  - **Literacy** There are 4 read-alouds PLUS activities and printables
  - **Math/Science** Counting, Patterns, Experiments, etc.
  - **Citizenship/Social Studies** Our themed RAK character will take students through community-based RESPECT activities
  - **Music & Movement** Rhymes, fingerplays, chants, etc. to reinforce RESPECT
  - ONE **PROJECT** IS ALSO INCLUDED EACH WEEK!

- **Weekly Plans** Each week includes all 4 domains and covers the following themes:
  - Week 1: **Feelings, Self-Respect, Kindness**
  - Week 2: **Feelings, Self-Respect, Who am I?**
  - Week 3: **Self-Respect, Respectful Words, Family**
  - Week 4: **Respectful Words, Respectful Actions, Kindness**

- **Printables** Each learning domain includes at least one printable to help reinforce the concept and practice basic fine and gross motor skills. The RESPECT unit includes the following:
  - R is for RESPECT coloring sheet **(Literacy)**
  - Sort faces by feelings **(Math)**
  - Respectful Raphael Stories **(Citizenship)**
  - Song Sheets **(Music & Movement)**
  - **And more..!**

Respect

RAK Concept: RESPECT	Read Aloud/ Literacy	Math/Science	Social Studies/ Citizenship RAK ANIMAL- Raphael the Dog	Music & Movement
Week 1 *Themes: Feelings, Self-Respect, Kindness* ***PROJECT:*** *FEELINGS PAPER PLATES*	*The Color Monster, A Story About Emotions* by Anna Llenas **https://www.youtube. com/watch?v=PWujG Pb6mgo**	Sorting Feelings	Meet Raphael the Respectful Dog	Feelings Song
Week 2 *Themes: Self-Respect, Who am I?, Diversity* ***PROJECT:*** *Self-Portrait*	*It's OK to Be Different* by Sharon Purtill **https://youtu.be/Yqr7 Eniiajk**	Taller or Shorter?	Respectful Raphael and What Makes Us Special	Special Me
Week 3 *Themes: Self-Respect, Respectful Words* ***PROJECT:*** *Yes or No?*	*My No, No, No Day!* by Rebecca Patterson **https://www.youtube. com/watch?v=WaYko 8CS6jE**	Sink or Float?	Raphael and his "No" Kind of Mood	If You're Happy and You Know It
Week 4 *Themes: Respectful Words, Respectful Actions, Kindness* ***PROJECT:*** *Thumbs Up for Respect*	*David Gets in Trouble* by David Shannon **https://www.youtube. com/watch?v=wYgOR rdXnvQ**	Forward and Backward	Raphael Tells the Truth	I Am Honest!

Respect Week 1

Theme: Feelings, Self Respect, Kindness
Book of the Week: *The Color Monster, A Story About Emotions* by Anna Llenas
Materials: Book of The Week, Respectful Raphael Script, paper plates/construction paper, basic art supplies, popsicle sticks, glue, index cards

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Literacy

Share
Read *The Color Monster, A Story About Emotions* by Anna Llenas
Read Aloud Link: https://www.youtube.com/watch?v=PWujGPb6mgo
Together, discuss the connection between the Colors and Emotions

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Math & Science

Inspire
Sorting Feelings
Using the FEELINGS printable at the end of this unit, have students cut out the squares and then sort the feelings that match each other. After sorting the emotions, work together to come up with examples of times students have felt each emotion (happy, sad, mad).

Citizenship & Social Studies

Empower
Introduce Raphael the RESPECTFUL Dog. Raphael always shows respect. Raphael will follow us this entire month. Whenever we see Raphael (choose a DOG that will become Respectful Raphael), we think RESPECT. Raphael shows respect. How can you? **Read Part 1 of the RESPECTFUL Raphael script located at the end of this unit.**

Music & Movement

Reflect
Using the Sing-Along sheet at the end of the unit, sing the following song:

Feelings Song
Original Author Unknown
(Tune: Twinkle, Twinkle Little Star)
I have feelings, you do too,
(point to self and others)
Let's all sing about a few.
I am happy, I am sad.
(make matching facial expressions)
I get scared and I get mad.
(make matching facial expressions)
I am proud of being me.
(point to self)
That's a feeling too, you see!

OPTIONAL PROJECT

Project
Using paper plates (or construction paper), students create emotion faces for Happy, Sad, Scared, and Mad. Add a popsicle stick to the bottom so they can hold them up! Encourage students to use their emotion faces to help them express how they are feeling throughout the week.

Respect Week 2

Theme: Feelings, Self-Respect, Who am I?
Book of the Week: *It's OK to Be Different* by Sharon Purtill
Materials: Book of the Week, Respectful Raphael Script, classroom objects, basic art supplies, Self-Portrait Handout

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Literacy

Share
Read *It's OK to Be Different* by Sharon Purtill
Read Aloud Link**: https://youtu.be/Yqr7Eniiajk**
Together discuss all the things that make each person unique. You can discuss things like favorite colors, favorite foods, etc., and see how everyone is different but can also like or do the same things.

Math & Science

Inspire
Taller or Shorter?
Pick a target object in the room (maybe a chair, a stuffy, maybe the cutout of Respectful Raphael. Then have kids pick an object from the classroom and compare their object to the target. Is their item taller or shorter than the target?

Citizenship & Social Studies

Empower
Bring Raphael the RESPECTFUL Dog to circle time. Raphael always shows respect. Whenever we see Raphael (choose a DOG that will become Respectful Raphael), we think RESPECT. Raphael shows respect. How have you shown respect? **Read Part 2 of the RESPECTFUL Raphael script.**

Music & Movement

Reflect
Using the Sing-Along sheet at the end of the unit, sing the following song:

Special Me
Original Author Unknown
(Tune: Twinkle, Twinkle, Little Star)

Special, special, special me,
How I wonder what I'll be.
In this big world I can be,
Anything I want to be.
Special, special, special me,
How I wonder what I'll be.

OPTIONAL PROJECT

Project
Self-Portrait
Give each student a Self-Portrait handout and talk about what makes each one of them special: eye color, hair color, freckles, etc. The teacher could complete his/her portrait as an example. Then, let the kids color their faces however they want to. When everyone is finished, you can post them on a bulletin board to show how unique and special each person in the class is. Help them write their name under their portrait before hanging.

Respect Week 3

Theme: Self-Respect, Respectful Words
Book of the Week: *My No, No, No Day!* by Rebecca Patterson
Materials: Book of the Week, Respectful Raphael Script, Clear Plastic Tote, Water, Objects that Sink or Float

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Literacy

Share
Read *My No, No, No Day!* by Rebecca Patterson
Read Aloud Link**:** https://www.youtube.com/watch?v=WaYko8CS6jE
Talk about how sometimes we have "no" days and sometimes we have "yes" days. How does it feel when we are in a "no" mood? How does a "yes" mood feel?

Math & Science

Inspire
Sink or Float?
When we are in a "NO!" kind of mood, it can feel like we are sinking. And when we are in a "YES!" kind of mood, it can feel like we are floating! Let's do an experiment to see if different objects sink or float. *Fill a clear tote about ½ full of water. Ask each student to bring up an object that could get wet (ex: rubber ball, scissors, penny, feather or leaf, etc.). Have students guess which items will sink and which will float. At the end, count how many objects sunk and how many objects floated.

Citizenship & Social Studies

Empower
Take time to talk with Raphael the RESPECTFUL Dog. Raphael always shows respect. Whenever we see Raphael, we think RESPECT. Raphael shows respect. How do you show respect in our class? **Read Part 3 of the RESPECTFUL Raphael script located at the end of this unit.**

Music & Movement

Reflect
Using the Sing-Along sheet at the end of the unit, sing the following song:
If You're Happy and You Know It

If you're happy and you know it, clap your hands (clap clap)
If you're happy and you know it, clap your hands (clap clap)
If you're happy and you know it, then your face will surely show it
If you're happy and you know it, clap your hands. (clap clap)
(repeat above)
If you're happy and you know it, shout "Hurray!" (hoo-ray!)
(repeat above)
If you're happy and you know it, then your face will surely show it; if you're happy and you know it, shout "Hurray!"

OPTIONAL PROJECT

Project
Yes or No?
Read the following scenarios to your students and have them shout "Yes!" if it represents a respectful action and have them shout "No!" if it is not a respectful action.
- Interrupting someone when they are talking (No!)
- Holding the door open for someone else (Yes!)
- Saying "Please" and "Thank you" (Yes!)
- **<Add in your own examples>**

Respect Week 4

Theme: Respectful Words, Respectful Actions, Kindness
Book of the Week: *David Gets in Trouble* by David Shannon
Materials: Book of The Week, Respectful Raphael script, Thumbs Up for Respect Handout, basic art supplies, yarn

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Literacy

Share
Read *David Gets in Trouble* by David Shannon
Read Aloud Link**: https://www.youtube.com/watch?v=wYgORrdXnvQ**
Discuss why David got in trouble. What can we say when we have done something we shouldn't have?

Math & Science

Inspire
Forward and Backward
Have students line up. When you say a word or action that shows respect, students take one step forward. When you say a word or action that is dishonest or disrespectful, students take a step back. Use some of the actions or phrases from David Gets in Trouble for the dishonest items on the list. Example list: Tell the truth; Use manners; Burp loudly at the dinner table; Make a silly face during the class photo; Say "I'm sorry." Can use the list to target desired classroom behaviors, too.

Citizenship & Social Studies

Empower
Talk with Raphael the RESPECTFUL Dog about how much your class has learned about respect. Raphael always shows respect. Whenever we see Raphael, we think RESPECT. Raphael shows respect. Even though this is our last week on respect, Raphael will stay with us this year to remind us to always be respectful. **Read Part 4 of the RESPECTFUL Raphael script below.**

Music & Movement

Reflect
Using the Sing-Along sheet at the end of the unit, sing the following song

I Am Honest! (To the tune of "London Bridge is Falling Down")

Honest people tell the truth, tell the truth, tell the truth
Honest people
tell the truth.
I am honest!
Honest people never cheat …
Honest people never steal …

OPTIONAL PROJECT

Project
Thumbs Up for Respect
Give every student a **Thumbs Up for Respect handout** and ask them to color their thumbs up. Help students cut out their thumbs and punch a hole in the top part of the thumb. Run a long piece of yarn through the hole to create a necklace (laminate the thumbs if desired). Have students wear their necklace all week and give a thumbs up to each other when they see respect!

Respectful Raphael Script- PART 1

Meet Raphael, a 4-year-old dog that is part of our RAK family! Raphael always shows respect. Raphael will follow us this entire month. Whenever we see Raphael (show dog), we think RESPECT. Raphael shows respect. Respectful Raphael loves to find ways to show respect to himself, others, and his things. Around the farm, Raphael is always trying to make others feel respected. He does this by helping out around the farm, by sharing, by making sure he is using kind words, and by always picking up after himself. When Raphael shows respect for himself and for others, it makes him feel happy. When someone is kind to you and shows you respect, how does it make you feel? How do you feel when you make someone else feel happy and respected?

Respectful Raphael Script- PART 2

Ok, everyone! Remember Raphael? Whenever we see Raphael (show dog), we think about what? RESPECT! As we talked about last week, Respectful Raphael loves to find ways to show respect to himself, others, and his things. He also loves that all the animals on the Kindness Farm are different and special! No two animals are the same! Let's see what makes Raphael special. *Ask the kids to describe Raphael - what color is he? Are his ears big or small? Is his tail long or short?* Raphael loves that he is different and special. He also loves that everyone else is different and special, too! Raphael thinks the farm would be pretty boring if it only had dogs on it! What makes each of you different and special?

Respectful Raphael Script- PART 3

Let's check back in with Raphael, shall we? Oh no! Raphael is sad. Why are you sad Raphael? *Pretend Raphael whispers in your ear.* Class, Raphael says he is feeling sad because he is in a "No" kind of mood. And we know that can make us feel sad. What are some kind and respectful things we could say to Raphael to make him feel better? *Ask kids to raise hands and share a kind word with Raphael.* Oh! Well, look at that! I think Raphael is feeling better! Raphael, are you feeling better? He is! Thank you, class! Doesn't it feel good to help others get into a "Yes!" mood? I have a special challenge for you. Think of one kind thing you can say to someone today to help them feel good. If you remember to do this, please come back and tell me what you said and how that person responded. Let's try to make everyone around us feel respected and cared for today.

Respectful Raphael Script- PART 4

Hi, Raphael! Good to see you again! Boys and girls, today Raphael wanted me to share a story with you about something that happened on the Kindness Farm. The other day, Raphael was playing at the farm. He was running, laughing, and chasing butterflies. He was having a great time! But, he wasn't paying attention to where he was going and he accidentally trampled over the farmer's flower garden! How do you think Raphael felt when he saw that he had flattened all those lovely flowers? Yes! He felt sad! Suddenly, the farmer came out of the barn and saw all her flowers. She was so surprised! "Raphael!" she said. "Do you know who trampled all my flowers?" Raphael didn't know what to do. "I don't know who did it," Raphael lied. The farmer sighed and went back into the barn. Raphael felt terrible! Not only had he trampled all of the farmer's flowers, but he told a lie! Raphael decided to do the right, kind, and respectful thing. He ran into the barn. "Farmer?" he said quietly. "Yes?" she replied. "I am very sorry. I was playing and I didn't see that I was in your flower garden. I trampled your flowers." "Thank you for telling me, Raphael," said the farmer. "How can I help make it better?" asked Raphael. "Let's dig up the trampled flowers and plant some new ones - together!" suggested the farmer. Raphael liked that idea very much. He dug up all the trampled flowers and made nice new holes for the farmer to plant new flowers. He also helped her water the new shoots so they could grow nice and tall. After that, Raphael was very careful about where he played and chased butterflies. And, he worked very hard not to lie again. He now knew that the kind and respectful thing was to always tell the truth.

Class, we are all done hearing from our friend Raphael about Respect - but, don't worry! We will keep our eyes on him at the Kindness Farm and whenever we see him, let's remember to be kind, respectful people. We will meet a new Kindness Friend when we begin our next unit.

Feelings Song

Original Author Unknown
(Tune: Twinkle, Twinkle Little Star)

I have feelings, you do too,

(point to self and others)

Let's all sing about a few.

I am happy, I am sad.

(make matching facial expressions)

I get scared and I get mad.

(make matching facial expressions)

I am proud of being me.

(point to self)

That's a feeling too, you see!

Special Me

Original Author Unknown
(Tune: Twinkle, Twinkle, Little Star)

Special, special, special me,
(hugs self)

How I wonder what I'll be.

In this big world I can be,
(make big circle with arms above head)

Anything I want to be.
(open arms out wide to the front)

Special, special, special me,
(hugs self)

How I wonder what I'll be.

If You're Happy and You Know It

Lyrics by Datia Ben Dor

If you're happy and you know it, clap your hands (clap clap)
If you're happy and you know it, clap your hands (clap clap)
If you're happy and you know it, then your face will surely show it
If you're happy and you know it, clap your hands. (clap clap)

If you're happy and you know it, stomp your feet (stomp stomp)
If you're happy and you know it, stomp your feet (stomp stomp)
If you're happy and you know it, then your face will surely show it
If you're happy and you know it, stomp your feet. (stomp stomp)

If you're happy and you know it, shout "Hurray!" (hoo-ray!)
If you're happy and you know it, shout "Hurray!" (hoo-ray!)

If you're happy and you know it, then your face will surely show it; if you're happy and you know it, shout "Hurray!"

I Am Honest!

Composed by: Jan Maples, Okfuskee Co. Extension Educator FCS/4-H & Youth
(Tune: London Bridge is Falling Down)

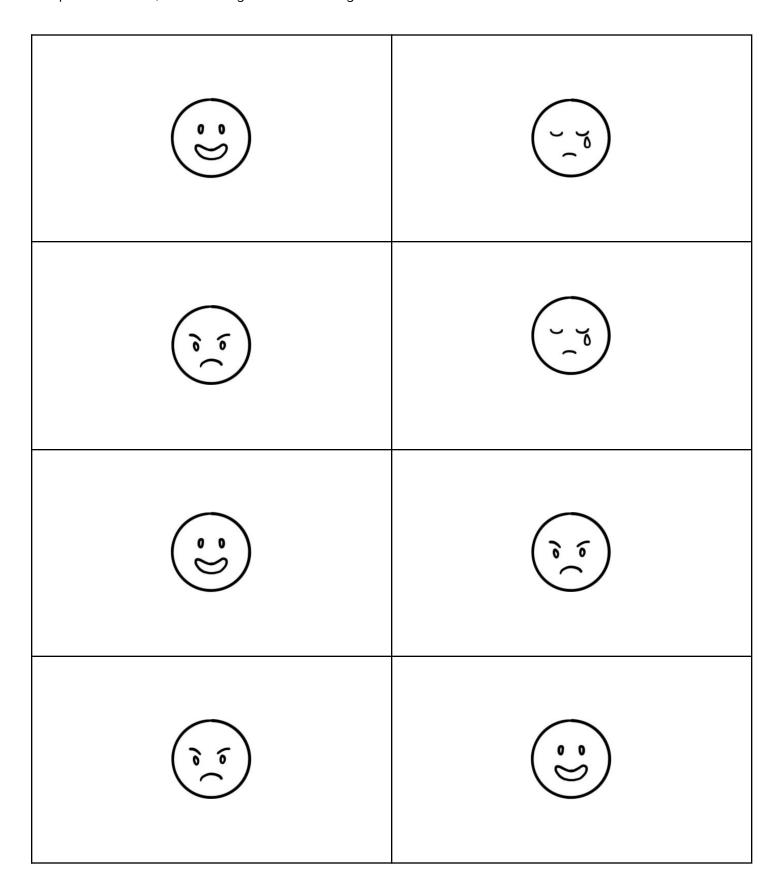Honest people tell the truth, tell the truth, tell the truth
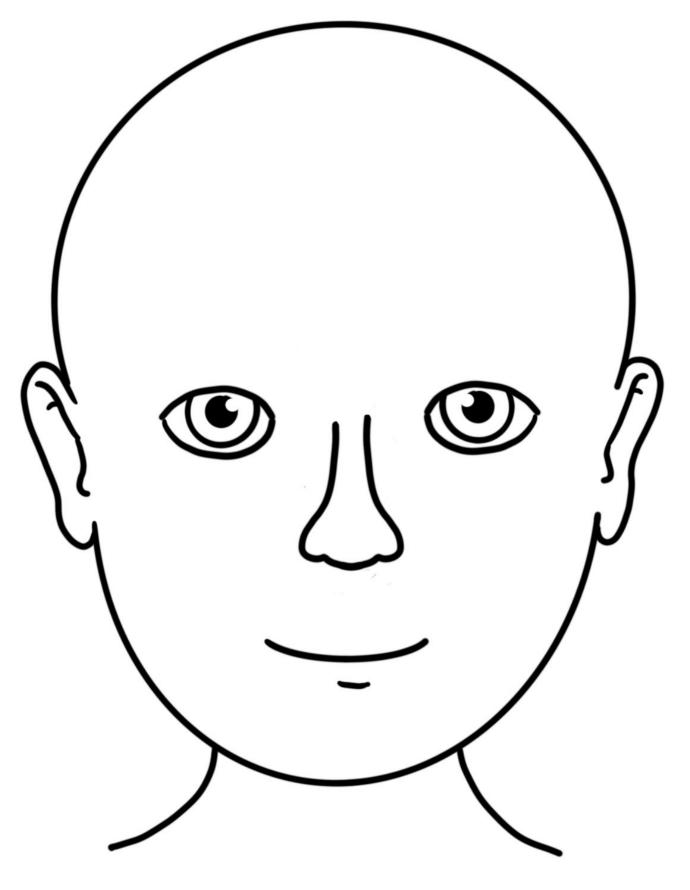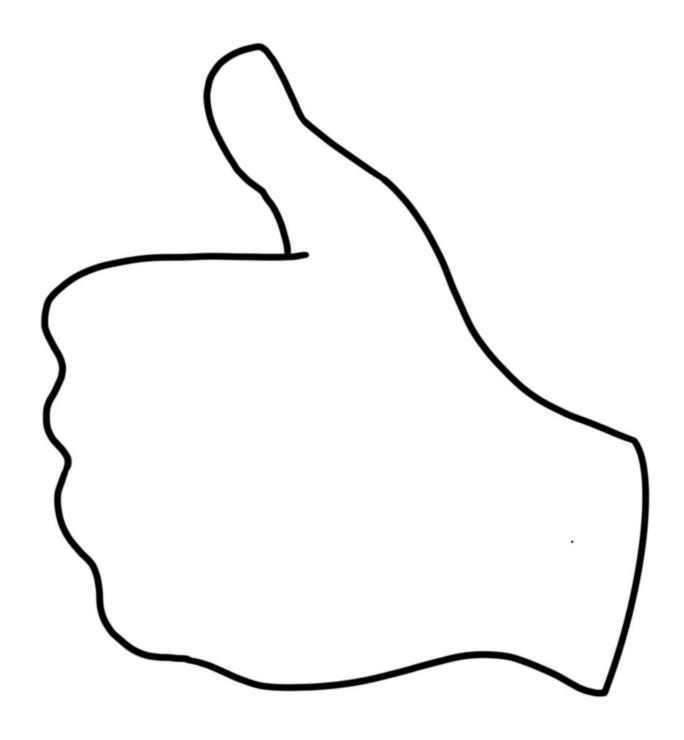Honest people
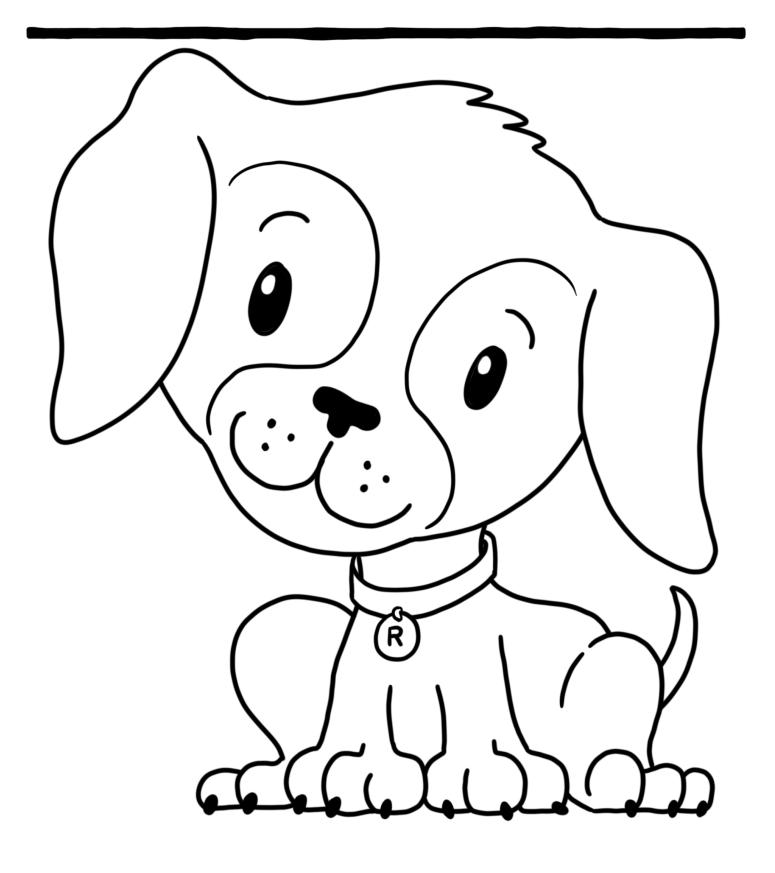tell the truth.
I am honest!

Honest people never cheat …

Honest people never steal …

Directions: Have each student cut out the emotions below. Then have them identify each feeling and sort them into piles. If desired, Have them glue all the feelings in columns and count them.

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'R' is for RESPECT